


GUIDANCERESOURCES®  
EMPLOYEE ASSISTANCE  
PROGRAM AND  
WORK-LIFE SERVICES

We listen.

We care.

We deliver peace of mind.





Sometimes  
employees need  
just a little help  
to figure it  
all out.

Generous benefits.

Practical advice.

World-class service.

## A plan that goes above and beyond.



You know that when it comes to Group Long Term Disability benefits, we are an industry leader in customer service, claims management and financial strength. Now,

there's one more reason to choose Sun Life Assurance Company of Canada for Group LTD — our generous EAP and Work-Life Services.



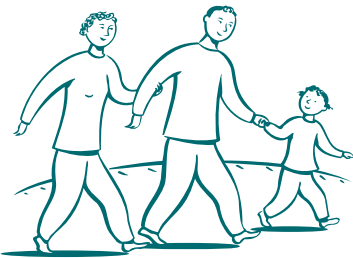
This extraordinary package of EAP and Work-Life Services is called GuidanceResources®. We're proud to offer this program in partnership with ComPsych® Corporation—an industry pioneer and worldwide leader in EAP and Work-Life Services.



Why choose us for EAP and Work-Life Services? Because we're offering one of the most useful and generous packages available today, from one of the best and most respected providers around.



Here's how we do more . . .



## Helping Make Life Easier for ALL Employees

Our program does much more than help the small percentage of employees with serious life challenges, such as substance abuse or mental health issues. GuidanceResources® offers a wide array of services to help all covered employees and their families better deal with everyday matters. The end result is improved workplace productivity and performance. Here's what we offer:

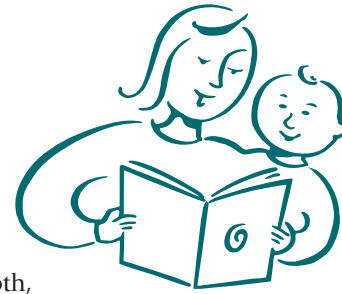
### *Employee Assistance Program (EAP)*

The EAP provides confidential counseling to help address behavioral health and other personal issues facing employees and their dependents. This service — staffed by experienced clinicians with advanced degrees — is available by calling a toll-free phone line operating 24 hours a day, seven days a week. A Guidance Coordinator will refer callers to a local counselor or other resources in the community to address issues such as:

- Relationships
- Job pressures
- Problems with children
- Marital conflicts
- Substance abuse
- Grief and loss
- Stress, anxiety or depression



*Our program provides employees with up to five face-to-face counseling sessions per problem, at no per session charge to the employee.\**



### *GuidanceResources® Online*

This interactive web site contains in-depth, extensive content and powerful tools to help employees with personal, legal and financial concerns. Through a password-protected web site, employees and their families can access thousands of expert-reviewed articles, news and videos; calculators; self-assessment questionnaires; interactive chats; message boards and more...all available any time of day or night!



*Extensive content, intuitive navigation, interactive self-assessments, plus web site configuration based upon each employee's pattern of use.*

### *FamilySource®*

Employees can call a trained work-life professional for personalized information and referrals on child care, elder care, adoption, education, relocation, pet care, and personal convenience services. FamilySource® helps employees sort out the issues and provides information based on specific criteria. Employees also receive a personalized reference package containing helpful resources and literature.



*Employees receive a personalized reference package of prescreened resources, including information, referrals and recommendation booklets.*

\* In California, employees who require more than three sessions in a six-month period must satisfy certain criteria.

## LegalConnect®

LegalConnect® provides employees with confidential access to attorneys and unlimited phone consultation for matters such as divorce, estate planning, lawsuits, bankruptcy, and adoptions. This service can also refer employees to a credentialed nationwide network of attorneys.



*Our program is staffed with licensed attorneys and includes one face-to-face legal consultation with a lawyer, at no charge to the employee. A 25% discount is also available on fees charged for further representation under the LegalConnect® program.*

## FinancialConnect®

This program includes unlimited access to on-staff financial experts — as well as referrals to Certified Financial Planners — for issues such as debt management, credit problems, tax questions, estate planning, insurance, and retirement planning.



*Our program is staffed with Certified Public Accountants (CPAs) and Certified Financial Planners (CFPs). It also includes a one-hour, face-to-face financial consultation for employees with a FinancialConnect® referral, at no charge to the employee.*



## EstateGuidance<sup>SM</sup>

Our plan design includes free online will preparation! ComPsych's web site guides employees through the entire process, defining legal terms and options. Within a half-hour, employees can create and print a simple, legally binding will from their desktop. Employees also receive instructions about how to execute the will and store it, as well as access to web-based support.



*Employees can create a legally-binding will — at no extra charge — at their desk in no time at all.*

## World-Class Service Partner

Sun Life Financial and ComPsych are both world-class organizations dedicated to solid product offerings and stellar service. Celebrating its 20th year in business, ComPsych Corporation is the world's largest provider of employee assistance programs and is the leading provider of fully integrated EAP, behavioral health, work-life, wellness, and crisis intervention services under the GuidanceResources® brand. ComPsych provides services to more than 21 million individuals and 5,600 organizations throughout the United States and 92 countries.

## Remember...

This opportunity is only available to our Group Long Term Disability customers. For more information on this exciting partnership, please call your local Sun Life Financial Group Representative today!

